

November 2022 Breakfast



KEYSTONE
FOOD SERVICE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
31 Pancakes w/Syrup Or Cereal Toast Applesauce/Juice Milk	1 Breakfast Calzone Or Cereal Toast Fruit/Juice/Milk	2 Biscuits & Gravy Or Cereal Toast Peaches/Juice Milk	3 Scrambled Eggs & Toast Or Cereal Toast Apple/Juice Milk	4 Cinnamon Roll Or Cereal Toast Fruit/Juice Milk
7 Oatmeal Toast Or Cereal Toast Applesauce/Juice/Milk	8 Breakfast Burrito Or Cereal Toast Fruit/Juice Milk	9 Biscuit & Gravy Or Cereal Toast Peaches/Juice Milk	10 Cinnamon Toast & Yogurt Or Cereal Toast Apple/Juice Milk	11 Donut Or Cereal Toast Fruit/Juice Milk
14 Waffles w/ Syrup Or Cereal Toast Applesauce/Juice Milk	15 Scrambled Eggs & Toast Or Cereal Toast Fruit/Juice Milk	16 Biscuit & Gravy Or Cereal Toast Peaches/Juice Milk	17 Pancake on a Stick Or Cereal Toast Apple/Juice Milk	18 Cinnamon Roll Or Cereal Toast Fruit/Juice Milk
21 NO SCHOOL	22 NO SCHOOL	23 NO SCHOOL	24 NO SCHOOL	25 NO SCHOOL
28 Pancakes w/ Syrup Or Cereal Toast Applesauce/Juice/Milk	29 Scrambled Eggs & Toast Or Cereal Toast Fruit/Juice Milk	30 Biscuit & Gravy Or Cereal Toast Peaches/Juice Milk	1 Breakfast Burrito Or Cereal Toast Apple/Juice/Milk	2 Cinnamon Roll Or Cereal Toast Fruit/Juice Milk

November 2022 Lunch (Lettuce Shortage)



**KEYSTONE
FOOD SERVICE**

M O N D A Y	T U E S D A Y	W E D N E S D A Y	T H U R S D A Y	F R I D A Y
31 Biscuits & Gravy Sausage Patty Scrambled Eggs Tater Tots Baby Carrots & Peaches Milk	1 Hot Dog Baked Beans Green Beans Apple Milk	2 Nacho Bar w/ Chicken (Chips, Salsa, Queso, Chicken) Mexican Salad Fruit Milk	3 Chicken & Noodles Dinner Roll Green Beans Peaches Milk	4 Personal Pizza Baby Carrots Cucumber Slices Applesauce Milk
7 Corn Dog French Fries Romaine Salad Peaches Milk	8 Grilled Cheese Sandwich Tomato Soup Romaine Salad Apple Milk	9 Cheeseburger Glazed Baby Carrots Cucumber Slices Fruit Milk	10 Pulled Pork Mashed Potato & Brown Gravy Green Beans Dinner Roll Peaches Milk	11 Beef & Bean Enchilada Refried Beans Tortilla Chips Salsa Applesauce Milk
14 Pig In a Blanket Mac & Cheese Garden Salad Baby Carrots Peaches Milk	15 Chicken Taco Chili Beans Tortilla Chips Salsa Apple Milk	16 Breaded Chicken Sandwich French Fries Cucumber Slices Fruit Milk	17 Pizza Bar Baby Carrots Corn Applesauce Milk	18 Roasted Turkey Mashed Potatoes & Brown Gravy Green Beans/Dinner Roll Peaches Milk
21	22	23	24 NO SCHOOL	25 NO SCHOOL
28 Pizza Pasta Breadstick Green Beans Romaine Salad Peaches Milk	29 Nacho Bar w/ Chicken (Chips, Salsa, Queso, Chicken) Chili Beans Apple Milk	30 Breaded Chicken Mashed Potato & Gravy Baby Carrots Dinner Roll Fruit	1 Cheeseburger Pocket Garden Salad Cucumber Slices Peaches Milk	2 BBQ Chicken Loaded Baked Potato Dinner Roll Baby Carrots Applesauce Milk