

# NEWSLETTER

February



## Let's capture January's happenings!

We had a parent meeting on January 11th at 5:00 p.m. We confirmed dates for future Indian Taco Sales, NASA Fund, NASA T-shirts, field trips, graduation stoles, Ms. Hinton's maternity leave, and NASA meetings.

NASA is participating in a philanthropy project in competition with other clubs/organizations. Thank you to all who participated and made some homemade Valentine's cards. Unfortunately, our NASA group did not win. However, we are so proud of all the students who gave up their time and worked so hard making cards. There will be a prize for all who helped. We also know that the people receiving the special Valentine's cards will be so happy to get them. We are looking forward to the next project!

At our last **MS NASA** meeting, we had great participation as always. We met quickly to discuss future meetings, Ms. Hinton's absence, shirt design, and field trips scheduled for the spring.

At our last **HS NASA** meeting we had 15 students in attendance! We discussed spring field trips, t-shirt design, senior stole designs and feathers, and future meetings in Ms. Hinton's absence. Students that enrolled in TEDNA please check out these opportunities. TEDNA is tentatively planning a 3-4 day college trip for high school seniors during the third week of March. If you know of any students who may be interested, please contact your site's TEDNA ACE Specialist. TEDNA is partnered with the

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American Indian Science and Engineering Society (AISES) to bring interested ACE students to NAISEF, a science fair for Indigenous students! Through the TEDNA-NAISEF partnership, all costs associated with project creation and travel are covered.

**CASH PRIZES for the top three winners in each category, Grand Prize winners attend the International Science and Engineering Fair in Los Angeles, California. For further information please contact your TEDNA Specialist Scott Marlow-[scott.marlow@tedna.org](mailto:scott.marlow@tedna.org)**

## *February News and Events*

- **Feb. 2-** Spring Spirit Week Assembly @ 1:20 in the Secondary Gymnasium- Flyer attached below.
- **Feb.9-** We will need volunteers(NASA students or parents) and donations for a walking taco sale at the ORES tournament. [Walking Taco Sale-Sign up Sheet](#)
- **Feb. 15-** HS NASA Meeting in Mrs. Cox's room at 12:12. Seniors bring ideas for stoles.
- **Feb. 15-** Parent/ Teacher Conference 3:30-5:30
- **Feb. 16-** Parent/ Teacher Conferences 8:00 am-12:00 pm
- **Feb.19-**Presidents Day- **No School**


Please check out our website [www.nrcps.org](http://www.nrcps.org) for the latest updates on all events.

### **High School Students:**

- Take advantage of our TEDNA program. The TEDNA Program assists with college and career readiness, helps with Chrome books, iPads, internet devices, ACT/AP testing, and much more. If you still need to sign up and would like to, please contact Ms. Hinton.
- If you have not already, join our Native American Student Association(NASA). We meet on the 2nd Friday of every month in **Mrs. Cox's** Room in the PAWD. Check Google Classroom or announcements for any updates.
- If you haven't joined our Native American Education Google classroom, please let me know, and I will help you take care of that.
- Ms. Hinton can be reached through email, Google Classroom, or in person every other day during lunches. [chinton@nrcps.org](mailto:chinton@nrcps.org)
- Do you need help with any of your classes and need extra help? North Rock Creek offers after-school tutoring. See the flier below!
- **FAFSA** has opened up. If you need any assistance please feel free to contact me or your counselor.
- Seniors- please help us design stoles for graduation. You can send them to my email or see your student rep, Mrs. Kubiak, or Mrs. Cox.

### Middle School Students:

- If you have not already, join our Native American Student Association(NASA). We meet on the 2nd Wednesday of every month in **Coach Roger's Room** @ 12:12 in the PAWD. Check Google Classroom or announcements for any updates. (Always check in with your teacher first)
- If you haven't joined our Native American Education Google Classroom, please let me know, and I will help you take care of that.
- Ms. Hinton can be reached through email, Google Classroom, or in person every other day during lunches. [chinton@nrcps.org](mailto:chinton@nrcps.org)
- Do you need help with any of your classes and need extra help? North Rock Creek offers after-school tutoring. See the flier below!




## NRC AFTER SCHOOL TUTORING SERVICE

*need a tutor?*


Subjects:

- **Math**
- **Science**
- **English**
- **History**


After school on  
Monday-Thursday,  
from 3:00 p.m. to 4:30 p.m.



Register at [bit.ly/NRCTutoring23](https://bit.ly/NRCTutoring23)  
or scan the QR code



If you have any  
questions please  
contact Mr. Rogers  
at [jrogers@nrcps.org](mailto:jrogers@nrcps.org)



Schedule: [bit.ly/TutoringNRC2023](https://bit.ly/TutoringNRC2023)  
or scan the QR code

## WHAT IS NATIVE AMERICAN STUDENT ASSOCIATION? (NASA)



**OUR PURPOSE:**  
THIS IS NRC'S 2ND YEAR TO HAVE OUR  
NASA PROGRAM. WE ARE GROWING EACH  
YEAR. NRC

**NASA PROGRAM PROVIDES:**

- CULTURALLY ENRICHED RESOURCES.
- FIELD TRIPS
- STUDENT MEETINGS ONCE A MONTH
- FUNDRAISERS(T-SHIRT SALES,  
INDIAN TACO SALE)
- HANDS-ON ACTIVITIES SUCH AS  
BEADING, DANCING, AND MUCH MORE





TESTING WITH SUCCESS  
FREE ACT VIRTUAL  
WORKSHOP  
SPONSORED BY CITIZEN POTAWATOMI NATION

**FEBRUARY 21 | 5-7:30PM CT**  
**HOSTED ON ZOOM**  
Presented by Shelly Beaty | [testingwithsuccess.org](https://testingwithsuccess.org)

Open to all CPN students nationwide and  
all Native American students in our area  
(Pottawatomie, Oklahoma, Cleveland, Payne, Seminole and Lincoln county)  
Students will receive two free practice tests and test strategies

**SIGN UP NOW. SPACE IS LIMITED!**  
**CPN.NEWS/ACTV**

For questions, email [education@potawatomi.org](mailto:education@potawatomi.org) or call 405-695-6028



TESTING WITH SUCCESS  
FREE ACT IN-PERSON  
WORKSHOP  
SPONSORED BY CITIZEN POTAWATOMI NATION

**FEBRUARY 7 | 9-11:30AM CT**  
**CPN CULTURAL HERITAGE CENTER | SHAWNEE**  
Presented by Shelly Beaty | [testingwithsuccess.org](https://testingwithsuccess.org)

Open to Native American high school students in our area  
(Pottawatomie, Oklahoma, Cleveland, Payne, Seminole and Lincoln county)  
Students will receive two free practice tests  
and two free ACT preparation workbooks

**SIGN UP NOW. SPACE IS LIMITED!**  
**CPN.NEWS/ACTIP**

For questions, email [education@potawatomi.org](mailto:education@potawatomi.org) or call 405-695-6028

Please complete the survey below if you have registered to attend. ACT Workshop Sign-up

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## *JOM Application*

<https://www.sacandfoxnation-nsn.gov/wp-content/uploads/2021/02/JOM.pdf> and  
<https://www.irs.gov/pub/irs-pdf/fw9.pdf> ( All forms must be complete and there is an approval and payment process)

## *College/Career/Scholarships Resources*

Stay tuned for the December launch date of the 2024–25 FAFSA® form! Get ready for a revamped FAFSA experience and a smoother application process. Learn more about updates to the FAFSA form:

[StudentAid.gov/decemberfafsa](https://studentaid.gov/decemberfafsa)

<https://okpromise.org/>

ucango2

<https://www.ucango2.org/Scholarships.html>

American Indian College Fund

[www.collegefund.org](http://www.collegefund.org)

Native Forward

[www.nativeforward.org](http://www.nativeforward.org)

[College and Career Tribe Specific](#)

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## Intermediate

- **February 1st-** No Kids Rock
- **February -2-** Spring Spirit Week Assembly @ 1:20 in the Secondary Gymnasium- Flyer attached below.
- **February 3-**Father Daughter Dance-HS Cougar Cafe- 6-8 pm- \$ 5 per person at the door.
- **February 16-** Parent/ Teacher Conferences 8:00 am-12:00 pm
- **February 19-**Presidents Day- **No School- Mommy and Me Movie Night- 7 pm**

## Elementary

- **February 1st-** No Kids Rock
- **February 2-** Spring Spirit Week Assembly @ 1:20 in the Secondary Gymnasium- Flyer attached below.
- **February 3-**Father Daughter Dance-HS Cougar Cafe- 6-8 pm- \$ 5 per person at the door.
- **February 14-** Valentine's Day Parties
- **February 16-** Parent/ Teacher Conferences 8:00 am-12:00 pm
- **February 19-**Presidents Day- **No School Mommy and, Me Movie Night - 7 pm**
- **March 5-** Personality and Class Pictures



## WE THE WOMEN

We the Women is a non-profit organization/event that is designed to benefit all women in our local area and empower them to fulfill their true potential. The event is scheduled for March 17th 2024 at the Grand Casino Event Center here in Shawnee, Oklahoma. We the Women will be showcasing local female artists, musicians, motivational speakers, women-owned businesses and a wide variety of resources and connections available for women in need.

I am currently seeking the following in order to make my event possible!

- Organizations to set up resource booths at the event
- Female musicians
- Female public speakers
- Donations of hygiene products for convenience kits
- Money donations
- Feedback and suggestions
- Female artists to display artwork
- Vendors: Female owned and operated small businesses



If you would like to be a vendor, sponsor, donor, or participant in We the Women please get in contact with me via email or phone number.



Grace Staley  
Organizer

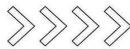
Phone:  
405.584.7066

Email:  
LG.2006@icloud.com



March 17,  
2024

Grand Casino Event Center  
Shawnee, OK



JAN. 29TH- FEB 2ND

## SPRING SPIRIT WEEK

IT'S FAVORITES WEEK!!

CELEBRATE ALL YOUR FAVORITE THINGS  
INCLUDING YOUR FAVORITE SCHOOL

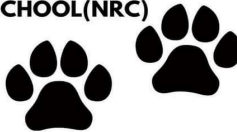
MONDAY- FAVORITE BAND/100TH DAY OF SCHOOL

TUESDAY- FAVORITE COLOR/PINK OUT

WEDNESDAY- FAVORITE PAJAMAS

THURSDAY- FAVORITE PERSON

FRIDAY- FAVORITE SCHOOL(NRC)







SERIOUSLY, DON'T MISS OUT!

# ORDER A YEARBOOK

YEARBOOKS ON SALE NOW  
**LIKE, RIGHT NOW**

USE OUR ORDER NUMBER WHEN YOU LOG ON:  
**14327**  
North Rock Creek Schools

 [YEARBOOKORDERCENTER.COM](https://yearbookordercenter.com) 


HERFF JONES / BY YOUR SIDE.

YOU'RE INVITED TO A  
**Mommy & Me**  
**MOVIE**  
**NIGHT**

PLAYING  
*Freaky Friday*

MONDAY \* FEBRUARY 19TH \* 7:00 PM

North Rock Creek-Cougar Cafe  
42400 Garrett's Lake Rd  
Shawnee, OK 74804  
\$5 at the door  
BLANKETS AND PILLOWS WELCOME  
LIMITED CONCESSION AVAILABLE

**EARLY BIRD  
FOOTBALL  
SIGN-UPS  
2024**

GET READY FOR ANOTHER  
THRILLING SEASON OF  
CHAMPIONSHIP FOOTBALL



[HTTPS://BIT.LY/2024FOOTBALL](https://bit.ly/2024football)

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## Note from Ms. Hinton

I still need several students' 506 forms and/or CDIB cards. **I will begin making phone calls this month to gather the documents that are missing and continue to send letters home in Thursday folders for the elementary students.** The CDIB copy can be a parent or grandparents for Title VI. This information keeps us compliant and helps me connect with the students and meet everyone's needs. [506 Form](#)

1245 total students in our district

404 total Native students: 21 Tribes Represented

189	Elementary
41	Intermediate
44	Middle School
130	High School

We have a high school senior who is working on a project. I attached the flyer above. She would appreciate any help on this powerful project.

Parents,

I also want to stress the importance of your child's education. Having your child at school and on time is extremely important. They get behind and miss out on so many learning and fun activities when they are not at school. Please remember to call your student in every time they are late or absent. Also, doctor's notes and communication with your child's school is key. Please let's work together to help your child succeed!

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# PASHOFA

Pashofa is a traditional dish that consists of cracked corn (hominy) and pork, covered in water and boiled for several hours. Chickasaws have enjoyed pashofa for centuries. Traditionally, cooking pashofa required many hours of close attention. Women came together to prepare enough to feed an entire village. This required several pounds of cracked corn. When the time came to prepare pashofa, corn pounders were used to crack hominy kernels. Next, the corn was poured into boiling water in a pashofa pot. The pork was added and the mixture continued to cook until it was soft and soupy. This process could take a good portion of the day, depending on how much pashofa was prepared.

One of the most important steps in cooking pashofa is to stir the pot regularly. This ensures the corn would not stick to the bottom of the large iron pots. Pashofa paddles were designed specifically for this purpose. They were carved with long handles, broadened at one end like a spoon, but flat with a straight edge for scraping. The strong heartwoods of hickory, bois d'arc, and oak trees were used. Because they were made so well, these paddles lasted several generations, handed down as a cherished treasure from one family to the next. The handles wore smooth after many years of use, a legacy of Chickasaw ancestors' loving, hardworking hands. Pashofa was, and still is, served at large gatherings of Chickasaws, for celebrations and ceremonies.

Next to the corn pounder, the pashofa pot was a necessary item in Chickasaw households. Before European trade, Chickasaw women crafted large clay vessels for cooking pashofa. Making these pots took much labor and many hours of preparing the clay, building and fashioning the pot by hand, and waiting for the clay to dry before firing. Though the pots were well-made and served many people, the metal kettle began appearing as European trade increased. They were virtually indestructible and spared hours of making ceramic pots. Many pashofa pots were handed down among Chickasaw families for generations.

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## **PASHOFA RECIPE**

**3 pounds pashofa corn**

**6 gallons water**

**6 pounds of fresh pork**

**It is best to cook pashofa outdoors in a large pot. Bring water to a brisk boil over a steady fire; add corn and let the fire burn slowly all around the pot. Stir constantly with a long wooden spoon to keep it from scorching. When corn is about half done (not completely soft), add meat cut into 3-inch chunks. Cook until meat is tender and soup is thick. Add no salt while cooking. Cooking time is about four hours.**

## **CROCKPOT PASHOFA**

**2 cups pashofa corn**

**Water**

**2 pounds pork, cut into 1-inch pieces**

**Cover corn and pork with water and cook on medium setting until about half done (2-3 hours). Turn to low setting and continue to cook overnight. Salt to taste.**