



North Rock Creek ES Breakfast April 2024



Mon, 4 /1	Tue, 4 /2	Wed, 4 /3	Thu, 4 /4	Fri, 4 /5
Sweet Waffle Sticks or Cereal & Toast Fruit Juice Milk	Breakfast Scramble Toast or Cereal & Toast Fruit Juice Milk	Biscuit & Sausage Gravy or Cereal & Toast Fruit Juice Milk	Bagel Sandwich or Cereal & Toast Fruit Juice Milk	Cinnamon Roll or Cereal & Toast Fruit Juice Milk
Mon, 4 /8	Tue, 4 /9	Wed, 4 /10	Thu, 4 /11	Fri, 4 /12
Oatmeal Cinnamon Toast or Cereal & Toast Fruit Juice Milk	Scrambled Eggs Toast or Cereal & Toast Fruit Juice Milk	Biscuit & Sausage Gravy or Cereal & Toast Fruit Juice Milk	Pancake Sausage Patty or Cereal & Toast Fruit Juice Milk	Donut or Cereal & Toast Fruit Juice Milk
Mon, 4 /15	Tue, 4 /16	Wed, 4 /17	Thu, 4 /18	Fri, 4 /19
Yogurt Toast or Cereal & Toast Fruit Juice Milk	French Toast Sticks or Cereal & Toast Fruit Juice Milk	Biscuit & Sausage Gravy or Cereal & Toast Fruit Juice Milk	Oatmeal & Toppings or Cereal & Toast Fruit Juice Milk	Sweet Waffle Sticks or Cereal & Toast Fruit Juice Milk
Mon, 4 /22	Tue, 4 /23	Wed, 4 /24	Thu, 4 /25	Fri, 4 /26
Pancakes w/ Syrup or Cereal & Toast Fruit Juice Milk	Scrambled Eggs Toast or Cereal & Toast Fruit Juice Milk	Biscuit & Sausage Gravy or Cereal & Toast Fruit Juice Milk	Breakfast Scramble Toast or Cereal & Toast Fruit Juice Milk	Cinnamon Roll or Cereal & Toast Fruit Juice Milk
Mon, 4 /29	Tue, 4 /30			
Pancake on a Stick or Cereal & Toast Fruit Juice Milk	Muffin Scrambled Eggs or Cereal & Toast Fruit Juice Milk			

*THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER



North Rock Creek ES

Lunch April 2024



Mon, 4 /1	Tue, 4 /2	Wed, 4 /3	Thu, 4 /4	Fri, 4 /5
Chicken Nuggets Mashed Potatoes & Gravy Baby Carrots Dinner Roll Fruit Milk	Spaghetti & Meat Sauce Green Beans Side Salad Breadstick Fruit Milk	Chili Cheese Tots Cucumber Slices Dinner Roll Fruit Milk	BBQ Chicken Sandwich Baked Beans Baby Carrots Fruit Milk	Beef & Bean Enchilada Mexican Salad Tortilla Chips Salsa Fruit Milk
Mon, 4 /8	Tue, 4 /9	Wed, 4 /10	Thu, 4 /11	Fri, 4 /12
Beef Taco Refried beans Tortilla Chips Salsa Fruit Milk	Flatbread Pizza Glazed Baby Carrots Cucumber Slices Fruit Milk	BBQ Pulled Pork Mashed Potatoes & Gravy Green Beans Dinner Roll Fruit Milk	Breaded Chicken Sandwich Garden Salad Cucumber Slices Fruit Milk	Chicken Soft Taco Refried beans Tortilla Chips Salsa Fruit Milk
Mon, 4 /15	Tue, 4 /16	Wed, 4 /17	Thu, 4 /18	Fri, 4 /19
Grilled Cheese Tomato florentine soup Green Beans Fruit Milk	Personal Calzone Marinara Sauce Cucumber Slices Fruit Milk	Ham & Cheese Melt Tater Tots Caesar Salad Fruit Milk	Pizza Pasta Garden Salad Baby Carrots Breadstick Fruit Milk	Burrito Bowl (Chicken, Queso, Rice) Chili Beans Tortilla Chips Salsa Fruit Milk
Mon, 4 /22	Tue, 4 /23	Wed, 4 /24	Thu, 4 /25	Fri, 4 /26
Chicken Nuggets Mashed Potatoes & Gravy Baby Carrots Dinner Roll Fruit Milk	Pizza Italian Salad Cucumber Slices Fruit Milk	Frito Chili Pie Green Beans Baby Carrots Fruit Milk	Chicken Quesadilla Refried beans Tortilla Chips Salsa Fruit Milk	Cheeseburger French Fries Garden Salad Fruit Milk
Mon, 4 /29	Tue, 4 /30			
Bacon Ranch Mac & Cheese Corn Cucumber Slices Fruit Milk	BBQ Pork Loin Green Beans Baby Carrots Dinner Roll Fruit Milk			

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