



North Rock Creek MS/HS Breakfast April 2024



| Mon, 4 /1 | Tue, 4 /2 | Wed, 4 /3 | Thu, 4 /4 | Fri, 4 /5 |
|--|---|--|--|--|
| Sweet Waffle Sticks or Cereal & Toast Fruit Juice Milk | Pancake on a Stick or Cereal & Toast Fruit Juice Milk | Biscuit & Sausage Gravy or Cereal & Toast Fruit Juice Milk | Bagel Sandwich or Cereal & Toast Fruit Juice Milk | Cinnamon Roll or Cereal & Toast Fruit Juice Milk |
| Mon, 4 /8 | Tue, 4 /9 | Wed, 4 /10 | Thu, 4 /11 | Fri, 4 /12 |
| Oatmeal Cinnamon Toast or Cereal & Toast Fruit Juice Milk | Scrambled Eggs Toast or Cereal & Toast Fruit Juice Milk | Biscuit & Sausage Gravy or Cereal & Toast Fruit Juice Milk | Pancake Sausage Patty or Cereal & Toast Fruit Juice Milk | Donut or Cereal & Toast Fruit Juice Milk |
| Mon, 4 /15 | Tue, 4 /16 | Wed, 4 /17 | Thu, 4 /18 | Fri, 4 /19 |
| Yogurt Toast or Cereal & Toast Fruit Juice Milk | French Toast Sticks or Cereal & Toast Fruit Juice Milk | Biscuit & Sausage Gravy or Cereal & Toast Fruit Juice Milk | Oatmeal & Toppings or Cereal & Toast Fruit Juice Milk | Sweet Waffle Sticks or Cereal & Toast Fruit Juice Milk |
| Mon, 4 /22 | Tue, 4 /23 | Wed, 4 /24 | Thu, 4 /25 | Fri, 4 /26 |
| Pancakes w/ Syrup or Cereal & Toast Fruit Juice Milk | Scrambled Eggs Toast or Cereal & Toast Fruit Juice Milk | Biscuit & Sausage Gravy or Cereal & Toast Fruit Juice Milk | Breakfast Scramble Toast or Cereal & Toast Fruit Juice Milk | Cinnamon Roll or Cereal & Toast Fruit Juice Milk |
| Mon, 4 /29 | Tue, 4 /30 | | | |
| Pancake on a Stick or Cereal & Toast Fruit Juice Milk | Muffin Scrambled Eggs or Cereal & Toast Fruit Juice Milk | | | |

*THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER



North Rock Creek MS/HS

Lunch April 2024



| Mon, 4 /1 | Tue, 4 /2 | Wed, 4 /3 | Thu, 4 /4 | Fri, 4 /5 |
|--|--|---|---|--|
| Chicken Nuggets Mashed Potatoes & Gravy Baby Carrots Dinner Roll Fruit Milk | Spaghetti & Meat Sauce Green Beans Side Salad Breadstick Fruit Milk | Chili Cheese Tots Cucumber Slices Dinner Roll Fruit Milk | BBQ Chicken Sandwich Baked Beans Baby Carrots Fruit Milk | Beef & Bean Enchilada Mexican Salad Tortilla Chips Salsa Fruit Milk |
| Mon, 4 /8 | Tue, 4 /9 | Wed, 4 /10 | Thu, 4 /11 | Fri, 4 /12 |
| Beef Taco Refried beans Tortilla Chips Salsa Fruit Milk | Flatbread Pizza Glazed Baby Carrots Cucumber Slices Fruit Milk | Pulled Pork Loaded Baked Potato Green Beans Dinner Roll Fruit Milk | Breaded Chicken Sandwich Garden Salad Cucumber Slices Fruit Milk | Chicken Soft Taco Refried beans Tortilla Chips Salsa Fruit Milk |
| Mon, 4 /15 | Tue, 4 /16 | Wed, 4 /17 | Thu, 4 /18 | Fri, 4 /19 |
| Grilled Cheese Tomato florentine soup Green Beans Fruit Milk | Personal Calzone Marinara Sauce Cucumber Slices Fruit Milk | Ham & Cheese Melt Tater Tots Caesar Salad Fruit Milk | Pizza Pasta Garden Salad Baby Carrots Breadstick Fruit Milk | Burrito Bowl (Chicken, Queso, Rice) Chili Beans Tortilla Chips Salsa Fruit Milk |
| Mon, 4 /22 | Tue, 4 /23 | Wed, 4 /24 | Thu, 4 /25 | Fri, 4 /26 |
| Chicken Nuggets Mashed Potatoes & Gravy Baby Carrots Dinner Roll Fruit Milk | Pizza Italian Salad Cucumber Slices Fruit Milk | Frito Chili Pie Green Beans Baby Carrots Fruit Milk | Chicken Quesadilla Refried beans Tortilla Chips Salsa Fruit Milk | Cheeseburger French Fries Garden Salad Fruit Milk |
| Mon, 4 /29 | Tue, 4 /30 | | | |
| Bacon Ranch Mac & Cheese Corn Cucumber Slices Fruit Milk | BBQ Pork Loin Green Beans Baby Carrots Dinner Roll Fruit Milk | | | |

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